

Our Impact

October 2019 to June 2023

Wellbeing Activities Program

31,861 activity registrations

1,904 activities held across

91 local Government areas



79% of participants said the activity enhanced social connection

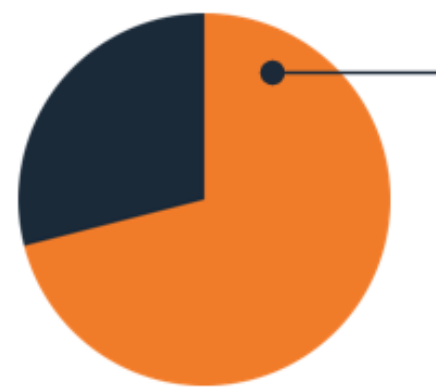


97% of participants felt the activity benefitted health and wellbeing

Psychology and Counselling

4,935 psychology sessions, increasing:

- Social support networks
- Health and wellbeing
- Resilience



71% of participants with active PTSD symptoms showed reduction of symptoms following treatment

Career Management Program

1,000 participants

2,234 referrals

100% of participants said they were more confident in their capacity for work



188 employment outcomes

82 re-engagements

63 participants achieved development goals and decided to stay in service

Online Presence



211,000+ website visitors



10,000+ followers



11 million+ reach



197,000+ interactions



40 million+ reach

We have supported 13,000+ first responders and their families