

Our Impact

October 2019 to August 2023

Wellbeing Activities

35,730 activity Registrations

2,484 activities held across

135 local Government areas



79% of participants said the activity enhanced social connection

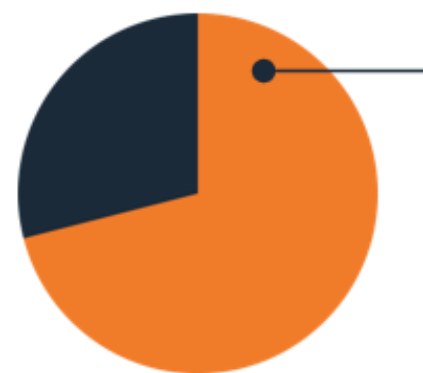


97% of participants felt the activity benefitted health and wellbeing

Psychology and Counselling

5,592 psychology sessions, increasing:

- Social support networks
- Health and wellbeing
- Resilience



71% of participants with active PTSD symptoms showed reduction of symptoms following treatment

Career Management Program

1,200+ participants

2,500+ leads/enquiries

100% of participants said they were more confident in their capacity for work.



246 employment Outcomes

110 re-engagements

63 participants achieved development goals and decided to stay in service.

Online presence and social media



10.7K+

Total followers



236,000+

website visitors



206,000+

interactions



11.8 million+

people reached



40 million+

people reached