

Our Impact

October 2019 to October 2023

Wellbeing Activities

37,143 activity Registrations

2,597 activities held across

143 local Government areas



79% of participants said the activity enhanced social connection

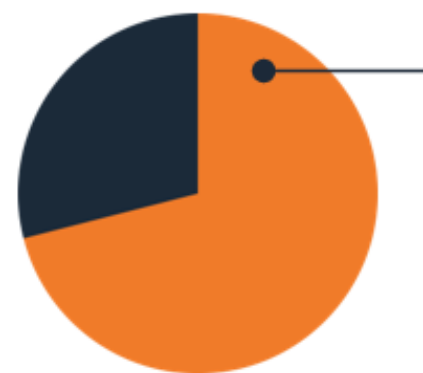


97% of participants felt the activity benefitted health and wellbeing

Psychology and Counselling

6,089 psychology sessions, increasing:

- Social support networks
- Health and wellbeing
- Resilience



71% of participants with active PTSD symptoms showed reduction of symptoms following treatment

Career Management Program

1,300+ participants

2,800+ leads/enquiries

100% of participants said they were more confident in their capacity for work.



293 employment Outcomes

235 re-engagements

63 participants achieved development goals and decided to stay in service.

Online presence and social media



11K+

Total followers



251,000+

website visitors



216,000+

interactions



12 million+

people reached



40 million+

people reached