

Our Impact

October 2019 to January 2023



Wellbeing Activities

40,871 activity registrations

2,161 activities held across

151 local Government areas



79% of participants said the activity enhanced social connection



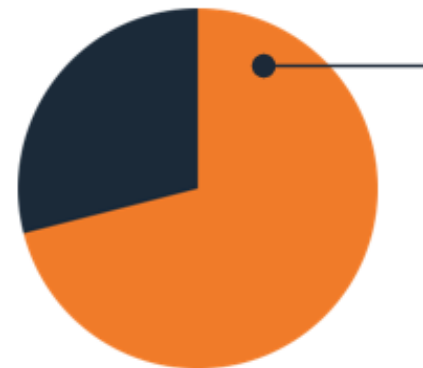
97% of participants felt the activity benefitted health and wellbeing

Psychology and Counselling

6,821

psychology sessions, increasing:

- Social support networks
- Health and wellbeing
- Resilience



71% of participants with active PTSD symptoms showed reduction of symptoms following treatment

Career Management Program

1,416 participants

3,029 leads/enquiries

100% of participants said they were more confident in their capacity for work.



301 employment outcomes

259 re-engagements

Online presence and social media



11K+

Total followers



271,000+

website visitors



224,000+

interactions



12.1 million+

people reached



40 million+

people reached

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