

# Our Impact

October 2019 to February 2024



## Wellbeing Activities

**41,606** activity registrations

**2,217** activities held across

**153** local Government areas



**79%** of participants said the activity enhanced social connection



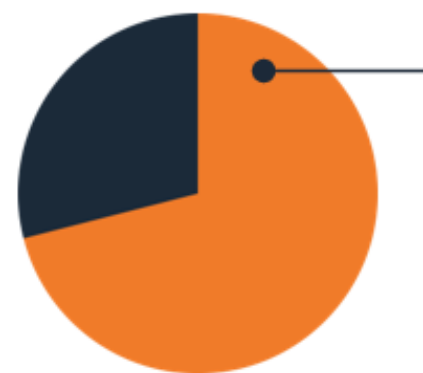
**97%** of participants felt the activity benefitted health and wellbeing

## Psychology and Counselling

**7,116**

psychology sessions, increasing:

- Social support networks
- Health and wellbeing
- Resilience



**71%** of participants with active PTSD symptoms showed reduction of symptoms following treatment

## Career Management Program

**1,467** participants

**3,109** leads/enquiries

**100%** of participants said they were more confident in their capacity for work.



**308** employment outcomes

**263** re-engagements

## Online presence and social media



**11,000+**

Total followers



**277,000+**

website visitors



**226,000+**

interactions



**12.1 million+**

people reached



**40 million+**

people reached

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